



**ZION
VISITOR
February
2025**

E-mail address: zionlc.midway@gmail.com

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**“Called by God’s grace to celebrate and share
the love of God in our neighborhood.”**

—Zion’s Mission Statement



ZION LUTHERAN CHURCH

1697 LAFOND AVE

ST PAUL MN 55104

The Gospel of Grocery Bags:

Howard came in yesterday with 100 grocery bags, purchased for 75 cents apiece. He donated them to our food programs at Zion. What a wonderful gift. Howard has long been a regular at our Thursday free lunch and groceries program. What really moved me, however, was that he got choked up. "God's grace," he could barely speak, "God's grace, when we yield to it, is overwhelming." Howard is a retired machinist.

This week, this is my simple picture and story of love. Nothing spectacular, but so profound. Grocery bags, so that we can use them to fill with nourishment for people who need it. In his giving, he is filled with gratitude and joy to overflowing.

The economy of love is without limit and rewards the giver as much, or even more, than the receiver. It opens the heart to boundless grace.

I see this grace continually in action. Through you and among us. I see the love that is given and yet never depleted; that grows with giving.

This is good news (the literal meaning of gospel). It is confounding to the systems of the world around us, that honor greed and the accumulation of power. It is a different economy (literally "household"). One that gives and shares life rather than using life and lives for gain.

When I see those grocery bags filled with food going out the door this month I will remember Howard's full heart and shaky voice. I will think, "There is the Gospel."

And not only there! Please look through this newsletter and see all the gifts being shared in so many marvelous ways for the good of all in the broader community. Though we do so with limited means, we do so with full and overflowing hearts. Because love never stops loving; is eternal.



John

WORSHIP

**Sunday services will continue in-person and via Zoom: 10:00 a.m.
Any with health concerns please stay home and join us on Zoom.**



Third Sunday Bach Chorales

We're bringing back an opportunity to sing J.S. Bach once a month at Zion!

~ a 4 part Bach chorale to be sung on the third Sunday of the month.

We will send the music, including audio files of each voice part and the entire chorale to anyone interested in joining us. We will also be available to go over parts after the second Sunday service.

As part of the service on the third Sunday, Tom and I will play and sing the parts, so there will always be at least one "voice" accurately singing each part. You can sing around the piano, or from the pews!

More information to come. If interested, please contact Mira in person, or miratomkehoe@gmail.com. Our first Bach Chorale Sunday will be January 19, 2025. Everyone is welcome to participate!



Coffee & Chat

First Sunday of each month: February 2nd).

Recordings of our Sunday worship services are available on-line.

Zion's website: www.zlcmidway.org

Donation Options:

- Mail-in to church: (Zion Lutheran Church, 1697 Lafond Ave., St. Paul, MN 55104)
- In person: during worship; or through the courtyard door mailslot
- Automatic bill pay from your bank using Zion's mailing address
- Donate button on Zion's webpage (3% fee for service)

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EVERYONE IS WELCOME AT

ZION'S FOOD AND WELLNESS PROGRAM



On Thursdays, Zion distributes food for our neighbors and friends.

Please come between 1 and 3 p.m. to get your free bag of groceries and a lunch to take home or dine in with us.



Thank you to all who volunteer their time and talents to this program.

Zion needs volunteers between 10 a.m. to 3 p.m.

We served over 350 people in January.

We Believe Good Food Brings Us Together.

Enneagram

Each week Zion offers a small group experience to explore the transformative possibilities of the Enneagram. The Enneagram is a method to explore one's own unique personality in relationship to others and to life itself. The basic idea is to reflect on our lives in light of nine ("ennea" in Greek) personality types (with infinite variations of course), as a lens to understand ourselves better and to grow. We meet via Zoom using the same meeting ID as our Sunday gatherings. Feel free to ask Pastor John, Janet Quarn, Phoebe Waugh, or Marlin Osthus for more details.

Thursdays 11:15 a.m. to 12:15 p.m.

Bible Study



CIRCLE BIBLE STUDY

1:00 pm in Zion's Annex

FAITHFULNESS

February 10th

Session 1: Faith where you are — Ruth & Naomi
& February 24th

Session 2: Faith in the depths — Psalm 22

CHURCH COUNCIL

Meeting will be via Zoom

6 pm on Tuesday,

February 18th

Scripture Readings

February 2nd — Fourth Sunday after Epiphany

Jeremiah 1:4-10
Psalm 71:1-6 (6)
1 Corinthians 13:1-13
Luke 4:21-30

February 9th — Fifth Sunday after Epiphany

Isaiah 6:1-8[9-13]
Psalm 138 (2)
1 Corinthians 15:1-11
Luke 5:1-11

February 16th — Sixth Sunday after Epiphany

Jeremiah 17:5-10
Psalm 1 (3)
1 Corinthians 15:12-20
Luke 6:17-26

February 23rd — Seventh Sunday after Epiphany

Genesis 43:3-11, 15
Psalm 37:1-11, 39-40 (11)
1 Corinthians 15:35-38, 42-50
Luke 6:27-38



February 5th — Finn Mueller

February 6th — Elaine Moore

February 13th Dave Hedenstrom

February 20th — Joanne Haugen

February 22nd — Jim Widerski

Feb. 24th — Anna Roeser (Pelton)



January Financials

Income - \$8,031.60

Bills paid - \$9,209.01

**FINANCIAL
REPORT**

Thank you to all that contribute their time, talent and treasures.

In early January we received a generous gift from St. Mark's legacy fund of \$78,271.00. This was added to our accessibility fund. The project is due to begin this spring.

The higher cost vs income for January is largely due to cold weather, increased activity in the kitchen and increased heating cost. We continue to have a healthy balance in the checking account.

Janet Quarn , Treasurer



*"Pay what you want/can"
All are welcome!*



Zion Community Commons

1697 Lafond Avenue
St. Paul, MN 55104

Contributions support Zion Community Commons Food Justice Initiatives.

Every Tuesday

Weekly Community Dinners

11 a.m. — 8 p.m.

Vegan, gluten-free, nut-free, corn-free

Dine in or take out!

*Bringing your own containers is
always encouraged.*

Preorder instructions:

- Send an email to eurekacompassveganfood@gmail.com
- Include a window of time for pick up and number of meals.
- Cash contributions accepted at time of pick up.
- Credit card? Just let us know the amount of your contribution; we'll email you an invoice prior to the date. Pay electronically through a prompt in the email.
- Walk-ins welcomed! (It's always best to preorder.)

<https://eurekacompassveganfood.com/community-dinner>

**WEEKLY EACH
THURSDAY:**

Open Market/Vegan
Meal from 5 — 8 p.m.

Meals and groceries
offered in goodwill to all.

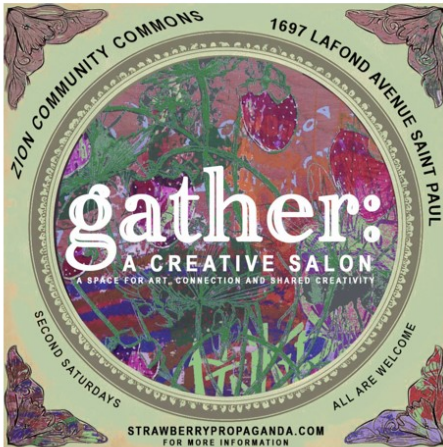
Community Meal each Friday in February.

4—8 p.m.

arts on lafond

February Events 2025

Zion Community Commons
1697 Lafond Ave, St. Paul, MN 55104



Jonathan Posthuma

modern works for piano
7pm
Thursday, February 20

Featuring the music of:
Posthuma, Aaron Kerr, John Cage,
and others

gather:
A CREATIVE SALON
10:30am - 1pm

Saturday, February 8

~ a morning of creativity, connection,
discussion and making magic

[https://www.strawberrypropaganda.com/
events/gather](https://www.strawberrypropaganda.com/events/gather)



What Are You Reading?

~ a weekly discussion group
Every Tuesday, 6 - 7pm in the Zion Library.



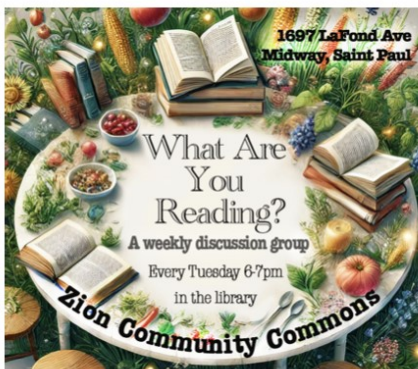
Experimental Jazz on Lafond Presents

Jump Loop

Bryan Murray, sax
Toivo Hannigan, guitar
Corey Healey, drums

7pm
Thursday, February 13

All Ages \$15 at the door
cash, check, Venmo, Paypal



Thank you for your generous support! Donations to **Arts on Lafond:** <https://secure.myvanco.com/L-Z8XC/home>

<https://www.facebook.com/artsonlafond/>

Interested in hosting community meetings, gatherings, events, etc. in our space? Contact John Marboe or Mira Kehoe at artsonlafond@gmail.com



sound bath meditation with Marc Anderson

a powerful sound immersion experience

7 - 8pm
Tuesday, February 25

Suggested donation: \$15 cash or
Paypal @urbanmonkproject

February

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 10:00 am Zion's Worship and on Zoom Fellowship time after Worship 11:30 am -2 pm— Unique 7000 Worship	3	4 9:30 a.m. — Quilting 11 am—8pm— Vegan Community Meal 6—7 pm What Are You Reading?	5	6 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal	7 4-8 p.m. — Community Meal	8 10:30 am—1 pm Gather: A Creative Salon
9 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	10 1 pm — Bible Study Session 1	11 9:30 a.m. — Quilting 11 am—8pm— Vegan Community Meal 6—7 pm What Are You Reading?	12	13 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 7 pm — Experimental Jazz presents Jump Loop	14 4-8 p.m. — Community Meal 	15
16 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	17 	18 9:30 a.m. — Quilting 11 am—8pm— Vegan Community Meal 6—7 pm What Are You Reading?	19	20 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 7 pm—Jonathan Posthuma: Piano Recital	21 4-8 p.m. — Community Meal	22
23 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	24 1 pm — Bible Study Session 2 	25 9:30 a.m. — Quilting 11 am—8pm— Vegan Community Meal 6-7 pm —What Are You Reading? 7-8 pm— sound bath meditation with Marc Anderson	26	27 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal	28 4-8 p.m. — Community Meal	

February

AQUARIUS
 CANDLELIGHT
 CARNATION
 CHOCOLATE
 COZY
 CUPID
 FEBRUARY
 FIREPLACE
 FRIENDSHIP
 GROUNDHOG DAY
 HEART
 HUG
 KISS
 LEAP YEAR
 LOVE
 MARDI GRAS
 PINK
 PISCES
 PRESIDENTS DAY
 RED
 ROMANCE
 ROSES
 SKIING
 SNOW
 SWEETHEART
 VALENTINE
 WINTER

WORD SEARCH DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

